

Sunderland Men's Health Network

will be outside Marks and Spencer, Sunderland High Street West, in the Active Bus to promote the importance of Men's Health Week, Thursday 16 June, 10am - 4pm.



South of Tyne and Wear

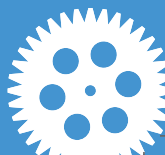
- Free health check or 'MOT' for men of all ages
- Expert lifestyle advice
- Refreshments available
- Kings of Leon tickets prize draw

For more information please contact Yusuf on 0191 529 7202 or email menshealth@sotw.nhs.uk



Free NHS Health Check

Helping you prevent heart disease, stroke, diabetes and kidney disease.





South of Tyne and Wear

In partnership with:



For better mental health



Therapeutic Exercise for Everyone



Free NHS Health Check

Helping you prevent heart disease, stroke, diabetes and kidney disease.

