



# Questions about your diet

## About you

**Q10. Are you** Male  Female

**Q11. Are you aged:**

16-17  18-24  25-34  35-44  45-54   
 55-64  65-74  75-84  85+

**Q12. Please tick ethnic origin:**

White		Asian or Asian British	
British	<input type="checkbox"/>	Indian	<input type="checkbox"/>
Irish	<input type="checkbox"/>	Pakistan	<input type="checkbox"/>
Any other white background	<input type="checkbox"/>	Bangladeshi	<input type="checkbox"/>
		Any other Asian background	<input type="checkbox"/>
Mixed		Black or Black British	
White and Black Caribbean	<input type="checkbox"/>	Caribbean	<input type="checkbox"/>
White and Black African	<input type="checkbox"/>	African	<input type="checkbox"/>
White and Asian	<input type="checkbox"/>	Any other ethnic background	<input type="checkbox"/>
Any other mixed background	<input type="checkbox"/>		
Other ethnic groups			
Chinese	<input type="checkbox"/>		
Any other ethnic group	<input type="checkbox"/>		

**Q13. What is your full postcode?**

*Thank you for taking the time to complete this questionnaire*



This questionnaire is anonymous. All information provided will be held securely by Gateshead Health NHS Foundation Trust and will not be disclosed in any way that will allow individuals to be identified. Your postcode is needed to show ward of residence and will not be used to identify individuals.

You may be asked to complete a questionnaire on more than one occasion, for example at the start and end of a healthy eating course.

Have you completed this questionnaire on another occasion in the past twelve months?

Yes  No

Personal Identification Number (if you have been given one)

Today's date:

Day  Month  Year



Just Eat More (fruit & veg)