



# National Falls Awareness Day

**Tuesday 24th June 10am-2pm**

**Bridges Shopping Centre, Market Square, Sunderland**

Come along and meet the Falls Prevention Team as well as representatives from:

▲ **Sunderland Telecare Service**

▲ **Home Improvement Agency**

▲ **Sunderland Carer's Centre**

▲ **Community Furniture Service**

▲ **HELP team**

▲ **Physiotherapy**

▲ **Age Concern**

▲ **Farmborough Court**

There will also be the opportunity to have a **FREE** mini falls assesment, blood pressure check and advice and support around preventing falls later in life.