

# HNA Workshop 2006

Gateshead PCT

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- Introduce the theory underpinning health needs assessment (HNA)
- Explore the relationship between HNA & commissioning
- Explore the measurement of need including the importance of defining populations
- Review the current strengths & weaknesses of HNA in Gateshead PCT
- Identify next steps in developing needs based commissioning

# Centre for Enabling Health Improvement at [www.cehi.org.uk](http://www.cehi.org.uk)

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# Taking HNA forward in G'head PCT

- Identify HNA “champion” – championing the needs perspective within the planning process
- Clear cross directorate model for commissioning
- Integrate public health into planning & commissioning
- Establish a database of past and current HNA work
- Public Health to vet all business cases for HNA evidence at a regular meeting
- Specific information on roles of individuals in public health dept.

# Taking HNA forward in G'head PCT

- SUGGESTIONS FOR MORE TRAINING
  - Identify other training needs
  - Practical theory /training on HNA
  - Further event in 6 months?

# TODAY

Participants to leave with:

- An understanding of the key elements within a HNA
- A framework within which to undertake their HNA
- An awareness of how business cases will be assessed within the PCT
- An appreciation of how to use HNA in a business case

# A practical example of HNA undertaken locally

- Health need due to hypertension among the retired population of Ryton



The Green, Rylon, c. 1910 TE5 - 23



Chopwell No.1 Pit. 1966. CN 382/14



## Health need due to hypertension in the retired population of Ryton

- A rural past (Gateshead library)
- Mining in C19 and C20 (Gateshead library)
- Much recent housing development (Council)
- High proportion of dwellings owner-occupied (Census)
- Low proportion with no central heating (Census)
- Deprivation indices above average (IMD)
- Comparatively affluent
- 3,250 people ages 65 and over

# Health status in Ryton

- 36% male deaths under 75 years due to CHD (England 36%)
- 32% female deaths under 75 years due to CHD (England 28%)
- 16% local retired people suffer hypertension (GP practice data)
- Two local GP practices ranked 1<sup>st</sup> and 5<sup>th</sup> highest of 22 practices on prevalence of hypertension

# Effective interventions

- NSFs for older people and CHD identified
- NICE guidelines for management of hypertension identified
- NICE guidelines recommend education focusing on improved lifestyle management
- A reduction in blood pressure will improve morbidity
- DN workload can be reduced if blood pressure can be maintained within optimum range

# Services currently available

- Local initiatives exist to increase physical activity among older population
- GOAL physical activity on referral
- Health walks
- Physical Activity Motivators Scheme (PAMS)
- Locally, low levels of referrals
- Discussion with local health professionals showed low levels of awareness

# Proposals for action

- Briefing sessions for local health professionals
- Design of a leaflet outlining benefits of physical activity and detailing local schemes
- Link nurse for physical activity within each GP practice
- Undertake focus groups among local community groups

# Critical review

- What are the strengths and weaknesses of the health needs assessment?
- What dominates the study?
- What is missing from the study?

# Developing your own HNA

- What is the HNA going to address?
- Who should be involved (partners/stakeholders)
- Assessment of need in four areas
  - Expressed/felt need
  - Expert/normative need
  - Comparative Need
  - Value for money (epidemiological need)
- Actions/recommendations
- Dissemination of findings
- Follow-up/evaluation



# What is a business case

‘A document used to justify the commitment of resources to a project.’

[www.welcom.com/content.cfm](http://www.welcom.com/content.cfm)

‘A structured proposal for business improvement that functions as a decision package for organisational decision-makers.’

[www.ichnet.org/glossary.htm](http://www.ichnet.org/glossary.htm)

# Business Case

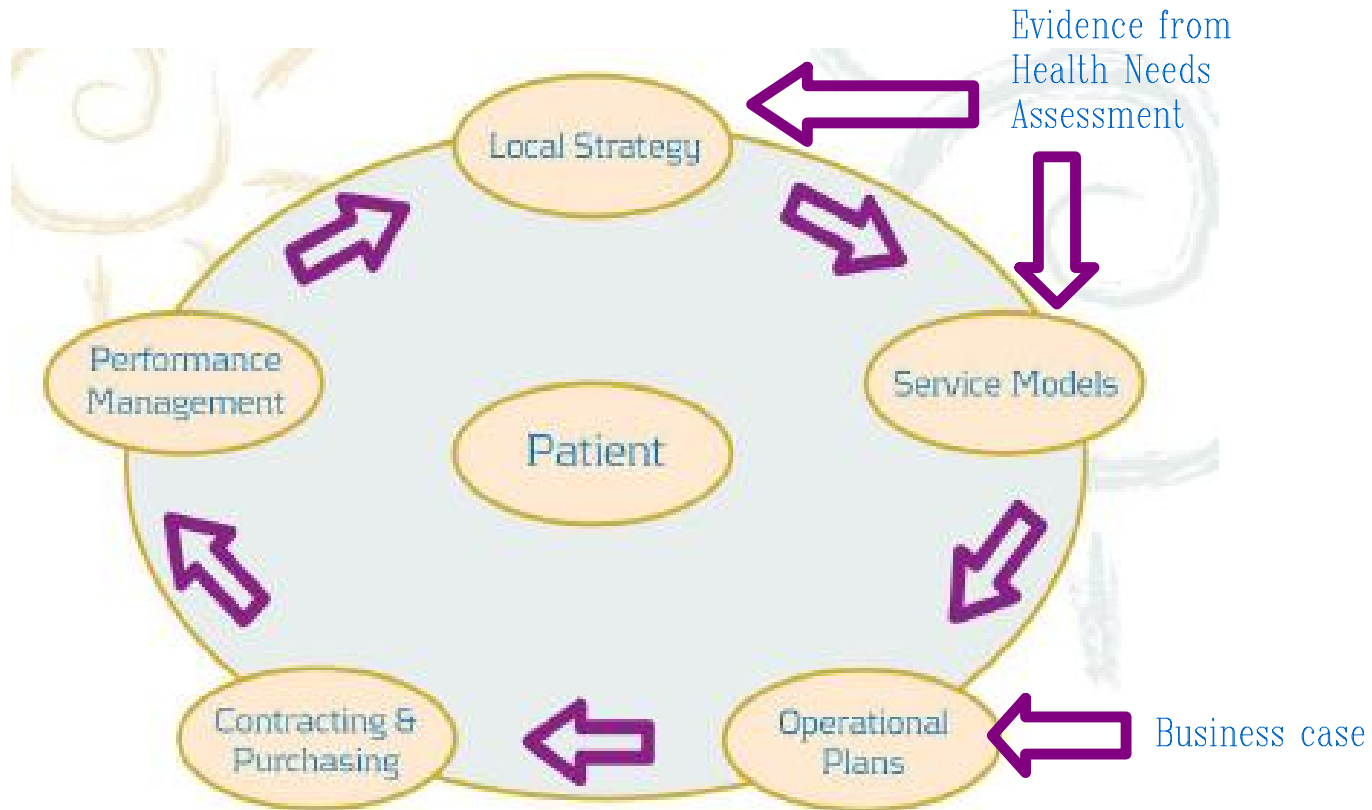
## **Why do we write business case?**

To earmark potential funding

## **Where does a business case go?**

- Business cases goes to Management Team for consideration
- Business cases would go to PEC if it was over a significant amount

# The Commissioning Cycle



# Retinal Screening Service



- What are the health (care) needs/ benefits which will be addressed by this business case?
- What is the population affected by these changes?

# Retinal Screening Service



- What are the requirements of the service development if it is to meet the health (care) needs of the population?
- Strengths and limitations of current service?
- Option appraisal



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# Quality Improvement Database

- Undertaking HNA?
  - Want to know if similar work has been done in the past?
  - Register your own work
- The *Quality Improvement Database* contains details of all HNA activity, past and present.
- Contact the *Clinical Governance Team* at Team View.

# CEHI

- All resources from today available on the CEHI weblog. CEHI is the Centre for Enabling Health Improvement at [www.cehi.org.uk](http://www.cehi.org.uk)

