



# National Falls Awareness Day

**Tuesday 23rd June 10am-4pm**

**South Shields, Market Place**

Come along and meet the Falls Prevention Team as well as representatives from:

▲ Intermediate Care Team

▲ Warden Services

▲ Carers Association

▲ Occupational Therapy

▲ Physiotherapy

▲ Age Concern

▲ Forum 50

There will also be the opportunity to have a FREE mini falls assesment, blood pressure check and advice and support around preventing falls later in life.