

# Health E-News Bulletin

*Issue 28 - September 2008*

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*Health Improvement - Keeping you informed*

Welcome to the monthly issue of the Health E-News Bulletin. We aim to keep you updated with national, regional and local news, events and other relevant information which relates to the six key areas of the Department of Health's White Paper "Choosing Health: Making Healthier Choices Easier". We will also include more broader public health information. This is being produced collaboratively by the Halton & St Helens Health Improvement Library Service, the Primary Care Library, and St Helens Health Partnership.

## **ALCOHOL**

### **SAFE. SENSIBLE. SOCIAL - Consultation**

In advance of the 14 October deadline, Alcohol Concern has now worked up the first draft of our submission to the Safe. Sensible. Social Consultation. Briefly - Alcohol Concern is recommending to government that an independent watchdog body is needed to oversee industry practice, a new more robust mandatory code for licensees, an end to price promotions and a minimum price in the off-trade, standardised labelling, a pre-watershed ban on advertising and much greater support for people with drinking problems.

<http://www.alcoholconcern.org.uk/servlets/doc/1373>

### **Industry alliance will push 'healthy attitude' to booze**

The alcohol industry is in talks to form an alliance that aims to champion healthy attitudes to drinking. It comes as the industry prepares for a proposed Government assault that could force it to include health warnings on all drinks ads. It is understood that the planned campaign will mirror the food industry's recent launch of Change4Life, an initiative launched in conjunction with the Department of Health to encourage healthy diets and exercise. Alcohol manufacturers will fund the alliance and its work with their own money in a bid to convince the Government that it can use marketing to positively change drinking 'culture and behaviour'

<http://www.drinkawaretrust.org.uk/drink-aware-trust/news/industry-alliance-will-push-a-healthy-attitude-to-booze.html>

### **Big Drink Debate**

Have your say by posting your views on drinking in the Northwest by completing this questionnaire online at: [www.nwph.net/alcohol/bigdrinkdebate/intro.aspx](http://www.nwph.net/alcohol/bigdrinkdebate/intro.aspx)

## **CANCER**

### **Study looks at lung cancer in non-smokers**

While the majority of lung cancer studies have inevitably focused on the issue of tobacco smoking, a new US study has shed light on the ten to 15 per cent of lung cancers that are not

caused by smoking. Researchers at the American Cancer Society analysed data on lung cancer in North America, Europe and Asia between 1960 and 2004 in people who had never smoked.

<http://info.cancerresearchuk.org/news/archive/newsarchive/2008/september/18774328>

Full research:

[http://medicine.plosjournals.org/archive/1549-1676/5/9/pdf/10.1371\\_journal.pmed.0050185-S.pdf](http://medicine.plosjournals.org/archive/1549-1676/5/9/pdf/10.1371_journal.pmed.0050185-S.pdf)

### **Incense smoke and cancer risk**

"Incense smoke may increase the risk of developing some cancers" reports say today. It said the findings of a 12-year study of 60,000 Chinese people backed up previous research showing that incense smoke contains cancer-causing chemicals.

<http://www.nhs.uk/news/2008/08August/Pages/Incensesmokeandcancerrisk.aspx>

## **CHILDREN/YOUNG PEOPLE**

### **MMR catch-up programme**

The number of children catching measles is rising. To be protected they need to be immunised with the MMR vaccine. This programme is designed primarily to increase the uptake of the vaccine in all children from 13 months to 18 years of age who are unimmunised, but also in children aged from 3 years 7 months (at the start of the programme) to 18 years who have missed out on one of their MMR vaccinations.

[http://www.immunisation.nhs.uk/Vaccines/MMR/Resources/MMR\\_catchup\\_programme](http://www.immunisation.nhs.uk/Vaccines/MMR/Resources/MMR_catchup_programme)

### **Free Childcare for 50,000 Families**

See Section: **HEALTH INEQUALITIES/SOCIAL INCLUSION**

### **£75m pledged to tackle childhood obesity**

See Section: **NUTRITION/OBESITY**

### **Campaign to pave the way for compulsory cooking classes from 2011**

See Section: **NUTRITION/OBESITY**

## **DENTAL HEALTH**

### **Get Your Teeth Done - As You Shop**

A dentist has opened the UK's first surgery in a supermarket, allowing shoppers to pop in for a filling before they stock up on groceries and treats. Dr Lance Knight, who already runs several private dental surgeries, promises professional and cost effective treatments at Sainsbury's in Sale, near Manchester. "This new practice is aimed at making dental healthcare more accessible and convenient to better meet patients' needs," he said.

[http://news.sky.com/skynews/Home/Health/Dentist-Opens-In-Sainsburys-Supermarket-In-Sale-Greater-Manchester/Article/200809315099411?lpos=Health\\_0&lid=ARTICLE\\_15099411\\_Dentist%2BOpens%2BIn%2BSainsbury%2527s%2BSupermarket%2BIn%2BSale%252C%2BGreater%2BManchester](http://news.sky.com/skynews/Home/Health/Dentist-Opens-In-Sainsburys-Supermarket-In-Sale-Greater-Manchester/Article/200809315099411?lpos=Health_0&lid=ARTICLE_15099411_Dentist%2BOpens%2BIn%2BSainsbury%2527s%2BSupermarket%2BIn%2BSale%252C%2BGreater%2BManchester)

### **Statistics**

See Section: **RESOURCES**

## **DRUGS**

### **DrugScope Street Drug Trends 2008: Concern as increasing numbers of drug users turn to benzodiazepines**

Today, DrugScope publishes the findings of its annual Street Drug Trends Survey, undertaken by the organisation's magazine *Druglink*. The key trend identified by the survey of frontline drug services is a rise in the use of the tranquiliser diazepam, primarily among heroin and crack cocaine users. DrugScope's Street Drug Trends Survey compiles

information from 100 drug services, drug action teams and police forces in 20 towns and cities across the UK and represents a snapshot view of current UK street drug trends.  
<http://www.drugscope.org.uk/ourwork/pressoffice/pressreleases/Street-drug-trends-08.htm>

## **HEALTH INEQUALITIES/SOCIAL INCLUSION**

### **World Health Organisation warning on health inequalities**

Social injustice "is killing people on a grand scale", according to the World Health Organisation. Responding to a report presented to her today, WHO director general Dr Margaret Chan said primary healthcare "which integrates health in all of government's policies" is the best framework for improving health equity.

<http://www.who.int/mediacentre/news/releases/2008/pr29/en/index.html>

Commission on Social Determinants of Health – Final Report

[http://www.who.int/social\\_determinants/final\\_report/en/](http://www.who.int/social_determinants/final_report/en/)

### **Credit crunch affecting public health, charity says**

Research for the Blood Pressure Association has found the credit crunch is affecting public health, diet and fitness. The Britain Under Pressure report, based on a survey of 2,713 adults, says 56 per cent of people are buying cheaper food and 21 per cent reducing gym use for financial reasons.

<http://www.friendsprovident.com/common/layouts/subSectionLayout.jhtml?pagelId=fpcouk/SitePageHTML%3APress+Release+Display+Page+Rebranded+Media&repositoryItemid=fpcouk/pressreleases%3Afp08092008creditcrunchhealth&pageNum=1>

### **Free Childcare for 50,000 Families**

Low income families across the country are to get free childcare so they can access training and return to work, thanks to a new £75million programme announced by the Government. The 'Free Childcare for Training and Learning for Work' programme will support 50,000 low income families where one parent is working and the second parent wants to improve their skills so that they can return to work. As well as free childcare, families will receive help from the Learning and Skills Council (LSC) to identify and attend training. Workless families who cannot get support from elsewhere will also be eligible.

[http://www.dcsf.gov.uk/pns/DisplayPN.cgi?pn\\_id=2008\\_0189](http://www.dcsf.gov.uk/pns/DisplayPN.cgi?pn_id=2008_0189)

### **'Duty and obligation' - the invisible glue in services and support**

The Department of Health's consultation paper, *The case for change*, has opened a debate on the long-term future of England's care and support system. In this Viewpoint, Kalyani Gandhi and Helen Bowers argue that if social care services are to transform people's lives, they must be based on a deeper understanding of human relationships and the nature of duty and obligation inherent within them

<http://www.jrf.org.uk/knowledge/findings/socialcare/2291.asp>

### **The media, poverty and public opinion in the UK**

This study examines the relationship between the UK media and public ideas of poverty. Although public attitudes cannot be attributed to the influence of mass media, it is important to acknowledge the media's pivotal role in responding to and reinforcing public ideas about poverty.

<http://www.jrf.org.uk/knowledge/findings/socialpolicy/2261.asp>

## **MENTAL HEALTH**

### **Police cells 'unsuitable' for Mental Health Act detentions**

Twice as many people are detained in unsuitable police custody for assessment under the Mental Health Act as are taken to hospital by police for this purpose, a report published by the Independent Police Complaints Commission has revealed. *Police Custody as a "Place of Safety"* says that between 2005 and 2006, more than 11,500 people were detained in a

police cell as a place of safety under section 136 of the Mental Health Act, compared with 5,900 who were taken to and detained in a hospital.

[http://www.ipcc.gov.uk/news/pr100908\\_136sectionreport.htm](http://www.ipcc.gov.uk/news/pr100908_136sectionreport.htm)

### **Royal College of Psychiatrists welcomes IPCC report concerning the use of police custody as a “place of safety” under the Mental Health Act**

Which examines the role of the police in relation to the use of Section 136 of the Mental Health Act 1983. Section 136 of the Mental Health Act enables the police to take someone who they believe is suffering from a mental disorder and in need of immediate care or control from a public place to a place of safety. The IPCC report highlights the number of individuals who are taken to a police station as a place of safety. The College agrees that such an environment is poorly suited to managing vulnerable people who have medical problems or are at risk of harming themselves, and may also have the effect of criminalising them. The revised Code of Practice to the Mental Health Act makes clear that this should only now occur on an “exceptional basis”.

<http://www.rcpsych.ac.uk/pressparliament/pressreleases2008/bank2008/pripccreport.aspx>

### **Police need help dealing with mentally unwell - Sainsbury Centre**

Police staff should be offered training to help them respond better to people who are having a mental health crisis and take a more active role in diverting them to services, the Sainsbury Centre for Mental Health has said. In a briefing note, the charity also said assessment suites should be provided by mental health services so police stations do not have to be used as “places of safety”.

[http://www.scmh.org.uk/pdfs/briefing36\\_police\\_and\\_mental\\_health.pdf](http://www.scmh.org.uk/pdfs/briefing36_police_and_mental_health.pdf)

### **WHO report on suicide prevention**

Poor countries can considerably improve prevention of repeated attempts at suicide by providing an information session and supportive ongoing counselling, says a new report. The study, by the World Health Organisation, was conducted in Brazil, China, India, Iran and Sri Lanka from January 2002 to October 2005. Most deaths due to suicide occur in low and middle income countries.

<http://www.who.int/bulletin/volumes/86/9/07-046995.pdf>

### **Trials offer support to staff with depression**

A tool for supporting staff with depression is being tested with employers including the Department of Health, Kent County Council, Oxleas foundation trust, the Royal Mail and Tate & Lyle. The Sainsbury Centre for Mental Health is providing the training to managers in the workplaces.

[http://www.scmh.org.uk/news/2008\\_beyondblue\\_comes\\_to\\_uk.aspx](http://www.scmh.org.uk/news/2008_beyondblue_comes_to_uk.aspx)

### **Community mental health services 'improving'**

Community mental health services are improving, but there is still inadequate access and involvement of service users, a Healthcare Commission survey has shown. The annual survey of mental health service users showed a larger percentage had confidence in the mental health professionals treating them and had received copies of their care plan and a number to contact in an emergency.

<http://www.healthcarecommission.org.uk/healthcareproviders/nationalfindings/surveys/healthcareproviders/surveysofpatients/mentalhealth.cfm>

### **Variations in antidepressant prescribing suggest disparities in provision of care**

GPs prescribe lower volumes of antidepressants in areas with more Black or South Asian people, suggesting possible disparities in the provision of care. The [study](#), published in the September issue of the *British Journal of Psychiatry*, also reveals that higher volumes of antidepressants are prescribed by general practices in economically deprived areas, and by practices serving areas with a high prevalence of chronic illness.

<http://www.rcpsych.ac.uk/pressparliament/pressreleases2008/bank2008/prantidepressants.aspx>

### **Study reveals cultural differences in attitudes towards caring for people with dementia**

People of south Asian or Black Caribbean origin are far more likely to hold a 'traditional' view of caregiving than White British people, new research shows. The [study](#), published in the September issue of the *British Journal of Psychiatry*, found that south Asian and Black Caribbean carers of people with dementia are more likely to perceive their caring role as natural, expected and virtuous.

<http://www.rcpsych.ac.uk/pressparliament/pressreleases2008/bank2008/prcarers.aspx>

### **Out of Sight, Out of Mind; The state of mental healthcare in prison**

Our prison population is at its highest ever. Of the 82,000 prisoners in England and Wales it is estimated that nine out of ten have one or more mental health disorders. Although treatment of mental illness in prison has improved over the past decade, mental healthcare is not given the attention it deserves. The rates of mental illness among prisoners suggest that the Prison Service has become a catch-all social and mental healthcare service, as well as a breeding ground for poor mental health.

<http://www.policyexchange.org.uk/images/libimages/404.pdf>

### **Vitamin in foods may protect the brain: report**

**See Section: NUTRITION/OBESITY**

## **NUTRITION/OBESITY**

### **£75m pledged to tackle childhood obesity**

The government is to launch a £75m national programme aimed at tackling childhood obesity and has asked local authorities and primary care trusts to align their local initiatives to the new brand - Change4Life. A national advertising campaign is expected in January 2009.

<http://www.nhs.uk/Change4Life/Pages/default.aspx>

### **Campaign to pave the way for compulsory cooking classes from 2011**

Everyone should be able to prepare basic, nutritious dishes from scratch instead of taking 'pride' in not being able to cook properly, Children, Schools and Families Secretary Ed Balls said today. Announcing a package paving the way for compulsory practical cooking lessons in secondary schools from 2011, he urged parents to get their children, particularly boys, cooking at home because it was one of the keys to fighting obesity.

[http://www.dcsf.gov.uk/pns/DisplayPN.cgi?pn\\_id=2008\\_0195](http://www.dcsf.gov.uk/pns/DisplayPN.cgi?pn_id=2008_0195)

### **Vitamin in foods may protect the brain: report**

key vitamin found in meat, fish and milk may help protect the brain as it ages, Oxford researchers have said. Vitamin B12 could help stop the brain shrinking, possibly preventing memory loss in older people and dementia. A study of 107 people aged 61 to 87 found that those with lower vitamin B12 levels in their blood were six times more likely to experience brain shrinkage than those who had higher levels of the vitamin.

<http://www.mentalhealth.org.uk/information/news/?EntryId17=63365>

## **PHYSICAL ACTIVITY**

### **Cycling City, Cycling Towns**

England's first Cycling City and eleven new Cycling Towns are set to receive the largest investment in cycling the country has ever seen. The funding of the new towns together with the existing six demonstration towns will total almost £100m, and will attempt to transform them into areas where cycling becomes a genuine option, improving the local environment, congestion and fitness for 2.5 million people.

## **SEXUAL HEALTH/HIV/AIDS**

### **Terrence Higgins Trust Cymru offers sexual health info in Welsh Gaydar chatrooms**

Terrence Higgins Trust (THT) Cymru is launching a new service on September 6 which offers sexual health information to Welsh chat room users on Gaydar - [www.gaydar.co.uk](http://www.gaydar.co.uk). The service, called 'Netreach', means one of THT's local outreach workers, who normally works in bars, clubs or cruising grounds, will offer information and support on HIV and sexual health online

<http://www.tht.org.uk/mediacentre/pressreleases/2008/september/september4.htm>

### **Medicines regulator gives go-ahead for first ever oral antibiotic to be made available without prescription to treat chlamydia**

The Medicines and Healthcare products Regulatory Agency (MHRA) has today given approval for a medicine to be made available from a pharmacist without a doctor's prescription to treat chlamydia. The azithromycin pill, which will be called "Clamelle", will be available to buy by people 16 years and over if they have tested positive for the infection and have no symptoms, and for their sexual partners.

<http://www.mhra.gov.uk/NewsCentre/Pressreleases/CON023105>

### **FPA reacts to MHRA approval of over-the-counter chlamydia treatment**

The Medicines and Healthcare products Regulatory Agency has given approval for a medicine to be made available from a pharmacist without a doctor's prescription to treat chlamydia.

<http://www.fpa.org.uk/news/press/current/detail.cfm?contentid=1055>

## **TOBACCO**

### **Do not ban cigarette displays, say corner shops**

The Association of Convenience Stores has urged the government to stop plans to ban counter displays of cigarettes. In its response to a government consultation on smoking control, the association says the focus should instead be on tackling illicit smoking among young people and banning proxy purchasing, where people old enough to buy tobacco do so for those who are not.

[http://www.acs.org.uk/en/news/details/index.cfm/obj\\_id/11C95AB0-13FC-44FC-B00AC695A1130EBE](http://www.acs.org.uk/en/news/details/index.cfm/obj_id/11C95AB0-13FC-44FC-B00AC695A1130EBE)

### **Public backs tougher tobacco control to protect the young**

More than 8,000 people have written to the Department of Health calling for tougher tobacco control to protect young people and put tobacco out of sight and out of mind.

<http://info.cancerresearchuk.org/news/archive/pressreleases/2008/september/publicbackstoughertobaccocontrol>

### **New call to get tough on tobacco**

Campaigners on Wearside are urging the Government to impose greater controls on the sale of tobacco and help make smoking history for children. Thousands of people across the region are backing the calls by Fresh Smoke Free North East, which has submitted a report asking ministers to agree to a national tobacco strategy. They are hoping to give more protection to young people from tobacco marketing and greater support to the 70 per cent of smokers who say they want to quit

[http://www.ash.org.uk/ash\\_4jyelmxk.htm](http://www.ash.org.uk/ash_4jyelmxk.htm)

### **Smoking ban in films bid gains support**

Thousands of people are backing a Liverpool youth group's campaign to ban smoking in youth rated films. D-MYST, SmokeFree Liverpool's youth organisation, wants the government to take action and rid cinema screens of unhealthy images. They also want all cigarette adverts banned

<http://tinyurl.com/5sxaxm>

### **Ten million pound rise in money spent on NHS Stop Smoking Services**

Expenditure on NHS Stop Smoking Services was almost £61 Million in 2007/08 – nearly £10 million more than in 2006/07 and almost £36 million more than in 2001/02, a report by The NHS Information Centre reveals today (21 August 2008). The report; Statistics on NHS Stop Smoking Services: England, April 2007 to March 2008; is the first annual report about NHS Stop Smoking Services covering the period since the introduction of the smoking ban in England on July 1 2007.

<http://www.ic.nhs.uk/news-and-media/press-releases/august-2008/ten-million-pound-rise-in-money-spent-on-nhs-stop-smoking-services>

### **Study looks at lung cancer in non-smokers**

See Section: **CANCER**

### **Incense smoke and cancer risk**

See Section: **CANCER**

### **North West first to see 'Slaughterhouse' anti-tobacco short film on big screen**

See Section: **RESOURCES**

### **Protecting children from secondhand smoke**

See Section: **RESOURCES**

### **Statistics**

See Section: **RESOURCES**

## **OTHER PUBLIC HEALTH NEWS**

### **Diabetes UK warns on diagnosis gap**

Charity Diabetes UK has warned that NHS services in England are failing to diagnose people with type 2 diabetes. Comparisons of data from the Yorkshire and Humber Public Health Observatory and the quality and outcomes framework show significant disparities across primary care trusts and a national average for diabetes diagnosis of 84 per cent.

[http://www.diabetes.org.uk/About\\_us/News\\_Landing\\_Page/Disparity-of-diabetes-diagnosis-across-England/](http://www.diabetes.org.uk/About_us/News_Landing_Page/Disparity-of-diabetes-diagnosis-across-England/)

### **Pregnant women with epilepsy need better care, says charity**

The British Epilepsy Association has launched a campaign to give health professionals the tools they need to offer better care to women with epilepsy who become pregnant or are planning a pregnancy.

<http://www.epilepsy.org.uk/mothersinmind>

### **More antibiotic development needed warns Health Protection Agency**

The Health Protection Agency is warning about the need for new antibiotics to be developed to ensure the range of treatment options for some infections does not run out. Alongside new development, other crucial factors in battling the war over so called 'superbugs' include more careful prescribing, better infection control and general awareness among the health profession and public about appropriate antibiotic use.

[http://www.hpa.org.uk/webw/HPAweb&HPAwebStandard/HPAweb\\_C/1221031886179?p=1204186170287](http://www.hpa.org.uk/webw/HPAweb&HPAwebStandard/HPAweb_C/1221031886179?p=1204186170287)

## **Stroke care improvements 'must continue'**

There has been a major improvement in the organisation of stroke care over the past two years, according to the latest National Sentinel Organisational Audit of Stroke. The audit, funded by the Healthcare Commission and carried by the Royal College of Physicians, warns there is no room for complacency and more progress is needed.

<http://www.rcplondon.ac.uk/Pages/index.aspx>

## **NEW RESOURCES**

### **North West first to see 'Slaughterhouse' anti-tobacco short film on big screen**

This weekend cinema goers in the North West will be the first to see one of the most hard hitting anti-tobacco short films ever seen on British cinema screens. *Slaughterhouse* will be screened before 15 certificate movies at cinemas across the region from Friday 5th September. It asks the audience 'you wouldn't pay to kill yourself. Why smoke?'. The film was produced by the winner of Channel 4's 4Talent competition, in partnership with Cancer Research UK. Created by teenagers for teenagers, the short film was one of three that highlight the dangers of smoking to young people. Smokefree North West has funded the film for Cinema, making the North West the first region to screen *Slaughterhouse*, which graphically challenges young people not to smoke. The film is a pilot which will be rolled out across the region if well received by young people.

*Slaughterhouse* will be screened before the films – Amusement, Bangkok, Dangerous, and RocknRolla at the following cinemas:

Cineworld: Ashton Under Lyne; Bolton; Chester; Didsbury (Manchester); Liverpool; Runcorn; St Helens; Stockport

Odeon: Bromborough and Rochdale Multiplex

You can watch this short film at the Smokefree North West website

<http://www.smokefreenorthwest.org.uk/videos-webcasts.html>

and on YouTube [http://www.youtube.com/watch?v=WF6t8JY\\_OC0](http://www.youtube.com/watch?v=WF6t8JY_OC0).

All three winning films can be seen at [www.channel4.com/breathe](http://www.channel4.com/breathe)

### **Protecting children from secondhand smoke**

Since the implementation of the law banning smoking in workplaces and enclosed public places, most adults no longer have to breathe other people's tobacco smoke. But children receive little protection. In fact, around five million children in UK households are regularly exposed to the harmful toxins in secondhand smoke. To help raise awareness, the Faculty of Public Health (FPH) and ASH have published a [position statement](#) which summarises the health impact of secondhand smoke on children, and an [information leaflet for parents and carers](#). We have also produced an [information poster for display](#).

[http://www.fph.org.uk/resources/tobacco/Second\\_hand\\_smoke.asp](http://www.fph.org.uk/resources/tobacco/Second_hand_smoke.asp)

### **Statistics**

The NHS Information Centre and the Department of Health respectively have published data on the following:

[Statistics on NHS Stop Smoking Services: England, April 2007 to March 2008](#) (external link)

[NHS Dental Statistics, 2007-08 annual report](#) (external link)

## **NATIONAL/INTERNATIONAL HEALTH EVENTS 2008 – October**

**For a full list of Health Events and links please visit:**

<http://www.equip.nhs.uk/staffwm/healthevents.html>

## **OTHER LOCAL E-BULLETINS.**

### **ChaMPS Public Health Network Bulletin**

ChaMPS is your public health network for Cheshire and Merseyside PCTs, NHS Acute Trusts, local authorities and wider health organisations. If you would like to know more about joining ChaMPS and receiving this bulletin contact Viv Martindale, ChaMPS Network Administrator on 0151 643 5369 or email [vivienne.martindale@bwwpct.nhs.uk](mailto:vivienne.martindale@bwwpct.nhs.uk)

### **Cheshire & Merseyside New Documents Bulletin**

A weekly review of new documents produced collaboratively by primary care librarians across Cheshire & Merseyside. Contact the Primary Care Library on 0151 676 5650 or email [library.pct@sthk.nhs.uk](mailto:library.pct@sthk.nhs.uk) if you would like to receive this bulletin.

### **Your Comments**

The content of this bulletin highlights recent articles and/or documents appearing on a selection of websites, which we feel may be of interest to the wider health improvement area. All links are correct at the time of publishing. If you have any comments or suggestions about the Bulletin or would like to forward an item or news of an event, we would love to hear from you. Please forward this bulletin on to people who might otherwise not receive it. Contact [lynda.moss@hsthpcct.nhs.uk](mailto:lynda.moss@hsthpcct.nhs.uk).

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### **Health Improvement Network**

If you would like to become a member of the Health Improvement Network or find out more information about the Network, please contact Linda Gittens on 01744 697433 or email [lindagittens@sthelens.gov.uk](mailto:lindagittens@sthelens.gov.uk).