

# South of Tyne and Wear BME Mental Health Needs Assessment

## Introduction to Health Needs Assessment

### Learning Objectives

1. To understand what a health needs assessment is
2. To understand different types of health need
  - by ensuring that evidence is gathered relating to all types of health need, this will result in a **balanced** health needs assessment
3. To be familiar with a practical tool that can be used to summarise evidence gathered within a health needs assessment. This can be used to demonstrate that it is balanced or identify where there are gaps in evidence]
4. To consider the process of undertaking a health needs assessment
5. To understand the ideas of demand, supply and need for health care and the concept of “unmet need”.
6. To have the opportunity to develop the framework of a health needs assessment using the tool introduced earlier.