

# club 70

It's a fact – 70%  
of people don't smoke.

Why not join the club?

For advice on how to quit,  
freephone

0800 389 3210



Greater  
Glasgow

[www.smokingconcerns.com](http://www.smokingconcerns.com)

# We all know the risks of smoking and it's not always easy to quit.

But if you want to give up, there's a range of stop smoking services throughout Greater Glasgow that are there to support you through the process.

You can:

- Go to your GP
- Get help from one of our smoking cessation coordinators
- Or from your local pharmacy

**Call today**

**0800 389 3210**

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