

Health Campaign Calendar 2009

January

- 18 – 24th Cervical Cancer Prevention Week – Jo’s Trust, <http://www.jotrust.co.uk/>, Tel 020 79367498
 19-23rd Cancertalk Week, Macmillan Cancer Support, <http://www.macmillan.org.uk/>, Tel 020 7840 7840
 26-31st Be Loud, Be Clear– Beating Bowel Cancer, <http://www.beatingbowelcancer.org/>,
 Tel 08450 719300
 31st National Bug Busting Day, Community Hygiene Concern, <http://www.chc.org/>,
 Tel 01908 561 928

February

- 1 – 28th National Heart Month – Go Red for Heart, British Heart Foundation,
http://www.bhf.org.uk/get_involved/national_red_for_heart_month.aspx, Tel 0870 600 6566
 6th Stress Down Day, The Samaritans, <http://www.samaritans.org/>, Tel 08457 90 90 90
 2 – 8th Salt Awareness Week, Consensus Action on Salt and Health, <http://www.hyp.ac.uk/cash/>,
 Tel 020 8725 2409
 9 – 15th Contraceptive Awareness Week, fpa, <http://www.fpa.org.uk/>, Tel 0845 122 8600
 22 – 28th Eating Disorders Awareness Week, Beat (the Eating Disorder Charity),
<http://www.b-eat.co.uk/Home>, Tel 01603 753305

March

- 1 – 31st Prostate Cancer Awareness Month, Prostate Cancer Charity,
<http://www.prostate-cancer.org.uk/>, Tel 020 8222 7622
 1 – 31st Ovarian Cancer Awareness Month, Ovarian Cancer Action, <http://www.ovarian.org.uk/>,
 Tel 020 8238 7605
 11th No Smoking Day, No Smoking Day Charity, <http://www.nosmokingday.org.uk/>,
 Tel 020 7739 5110
 24th World TB Day, TB Alert, <http://www.tbalert.org/>, Tel 0845 456 0995

April

- 1 – 30th Bowel Cancer Awareness Month – Bowel Cancer UK, <http://www.bowelcanceruk.org.uk/>,
 Tel 020 7381 9711
 12 – 18th Mental Health Action Week, Mental Health Foundation, <http://www.mhf.org.uk/welcome/>,
 Tel 020 7803 1101
 20 – 26th Depression Awareness Week, Depression Alliance, <http://www.depressionalliance.org/>,
 Tel 0845 123 23 20
 20 – 26th European Immunisation Week, World Health Organisation, <http://www.euro.who.int/eiw>

May

- 1 – 31st Save a Baby Month, Foundation for the Study of Infant Death,
<http://www.sids.org.uk/Save-a-baby-month.html>, Tel 020 7222 8001
 5th World Asthma Day, Asthma UK, <http://www.asthma.org.uk/>, Tel 08456 038 143
 11 – 15th Cancer Prevention Week, incorporating Fruity Friday, World Cancer Research Fund,
<http://www.wcrf-uk.org/>, Tel 0207 3434 200
 11 – 17th National Breastfeeding Awareness Week, <http://www.breastfeeding.nhs.uk/>, Tel 08701 555 455
 11-17th Sun Awareness Week, British Association of Dermatologists,
<http://www.britishskinfoundation.org.uk/>
 12th Stroke Awareness Day, The Stroke Association, <http://www.stroke.org.uk/>, Tel, 020 7566 0300
 17 May – National Smile Month, British Dental Foundation, <http://www.dentalhealth.org.uk/>
 16 June
 18 -22nd Walk to School Week – Living Streets and Travelwise, <http://www.walktoschool.org.uk/>,
 Tel 0207 830 1010

June

- 17 May – 15 June
1 – 30th National Smile Month, British Dental Foundation, <http://www.nationalsmileweek.org>,
- 1 – 30th Everyman Male Cancer Month – Everyman, <http://www.everyman-campaign.org/index.html>,
Tel 0800 731 9468
- 1 – 30th National Osteoporosis Month, National Osteoporosis Society, <https://www.nos.org.uk>,
Tel 0845 450 0230
- 8 – 14th Diabetes Week, Diabetes UK, <http://www.diabetes.org.uk/>, Tel 020 7424 1000
- 13 – 20th Green Transport Week – Environmental Transport Association, <http://www.eta.co.uk/>,
Tel 084 389 1010
- 13-21st National Bike Week, <http://www.bikeweek.org.uk/>, Tel 0845 612 0661
- 15 – 21st National Men’s Health Week, Men’s Health Forum, <http://www.menshealthforum.org.uk/>,
Tel 020 7922 7908
- 15 – 21st Breathe Easy Week, British Lung Foundation, <http://www.lunguk.org/>, Tel 0845 850 5020
- 22 – 28th Child Safety Week, Child Accident Prevention Trust, <http://www.capt.org.uk/csweek/>,
Tel 020 7608 3828
- 23rd National Falls Awareness Day, Help the Aged, <http://www.helptheaged.org.uk>,
Tel 020 7278 1114
- 29th – 3rd July Alcohol Awareness Week, Alcohol Concern, <http://www.alcoholconcern.org.uk/servlets/home>

July

- 24th The Samaritans Awareness Day, <http://www.samaritans.org/>, Tel 08457 909 090

August

- 2 -8th World Breastfeeding Week, <http://www.worldbreastfeedingweek.org/>
- 3 – 9th Sexual Health Week, fpa, <http://www.fpa.org.uk/>, Tel 0945 122 8600

September

- 7 – 13th Know Your Numbers, National Blood Pressure Testing Awareness Week,
<http://www.bpassoc.org.uk/kyn/>, Tel 0845 241 0989
- 21 – 27th Meningitis Awareness Week, <http://www.meningitis.org/>, Tel 080 8800 3344

October

- TBC Flu Awareness, <http://www.immunisation.nhs.uk/Vaccines/Flu>
- 1 – 31st Breast Cancer Awareness Month, <http://www.breastcancercare.org.uk/>, Tel 0808 800 6000
- 10th World Mental Health Day, <http://www.wfmh.org/00WorldMentalHealthDay.htm>

November

- 1 – 30th Lung Cancer Awareness Week, <http://www.roycastle.org/patient/lcam.htm>,
- 4th National Stress Awareness Day, <http://www.nationalstressawarenessday.co.uk/>
- 16 – 22nd Mouth Cancer Awareness Week, <http://www.dentalhealth.org.uk/>, Tel 0870 770 4000

December

- 1st World Aids Day, <http://www.worldaidsday.org/>, Tel 020 7814 6767

Ongoing throughout the year

Change 4 Life Campaign - Eat well, Move More, Live Longer, Dept of Health,
<http://www.nhs.uk/change4life/Pages/Default.aspx>, Tel 0300 1234567

Know Your Limits - Alcohol, <http://units.nhs.uk/>