

PDSA Plan

Team...Highfield

Start date.....13/10/06.....

PRIORITISE

What public health priority are you addressing?

Smoking	<input type="checkbox"/>
Obesity	<input type="checkbox"/>
Physical exercise	<input type="checkbox"/>
Diet/Healthy Eating	<input checked="" type="checkbox"/>
Alcohol	<input type="checkbox"/>
Mental health/wellbeing	<input type="checkbox"/>
Accidents or falls	<input type="checkbox"/>

PLAN

What's your idea??

To run an event called 'Little Italy' using the ideas from our 'Café Italiano' event for older people. To engage young parents with under 5 yr old children and to promote social skills to teach young children to sit at the table and eat.

What exactly will you do?

Provide a 4 course Italian meal Decorate room in the style of an Italian restaurant Provide activities for children Engage parents in a talk about HCC And an Italian food quiz

Who will be involved?

HCC Team Children Centre Team Rachel Robson (Strathmore Road Youth Project) Stuart Pattinson – accordionist Maureen Haslehurst – story teller

How much do you think it will cost? (Please itemise)

Food	£100
Raffle	£15
Quiz prize	£8 – children's centre
Accordionist	£20
Story teller	£20
Total	£163 + fee for Rachel £30?

Where will it take place?

Highfield Community Centre

When will it take place?

Friday 27th October
Start 11.30am Lunch 12.00 Finish 2pm

What do you think will happen?

We hope the adults will enjoy the Italian atmosphere and everyone will enjoy their Italian meal

We will receive suggestions of activities that the adults would like to see at the Centre.

What might go wrong and how will you try and prevent these problems?

Potentially a lot of young children will be in the room and safety issues will need to be addressed by children's centre staff.
Catering in site so practical fire risk.
Safely talk to all parents to be given at start

What information will you need to collect?

Numbers attending
Their opinions on event
What other events they would like to see at the centre and in Highfield.

DO.

When did you actual carry out the plan? (write date)

27/10/06

Did you change anything from the original plan?

Yes, story teller poorly and could not attend.
Rachel the children's worker had recent experience of story telling and she filled in for Maureen.

STUDY

Did anything unexpected happen?

What went well?

A great occasion enjoyed by all.
All children stayed at the table to eat with their parents and seemed happy

and content to do so.

Total cost for food - £82.73.

What went not so well?

The planned talk was difficult to deliver as parents were distracted by their children and the noise level in the room was high.

What comments were made?

Graffiti board used: see attached comments from parents.

What could you have done differently to make things run more smoothly/better?

The preparation and cooking of food went really smoothly. The first course and sweet were prepared on site but due to restricted hob space the pasta dish was pre prepared at home by one of the volunteers.

If another group wanted to do this PDSA what advice would you give them?

If you want to give information to parents they must be in a separate room from the children or they just concentrate on chatting informally at the tables.

What have you learnt from this PDSA?

The value of bringing people together to share a meal. Not having to cook the meal themselves, was a treat for there parents who are not able to treat out often.

ACT

Has this PDSA given you a further idea for a next PDSA?

This PDSA has established the bonds across a range of local groups and

future events

Comments from parents via Grafitti board

- Really enjoyed it, good fun. Would come again.
- My little one enjoyed every part of the day, please could you do this often.
- Really enjoyed today, my daughter ate the spaghetti bolognaise which she wouldn't eat at home. More days like this but different themes please.
- Brilliant day, great food. Would be nice to have more days like this but with different themes.
- It was nice they took care of the children, so the adults could chat.
- More the same as today, maybe once a month something different every time.
- Very enjoyable day, great food. Would like to do this again, maybe different themes.
- Start up a small vegetable plot outside-salad stuff, herbs, onions, etc.
- Cold frame for cucumber, peppers etc. Links simple cookery with growing source, cooking different ideas-healthy and simple foods.
- Great day, have enjoyed it. Good food, good idea would like to do it again but different theme.

